


# Independent Living vs. Assisted Living

## Features

 Resident Profiles

 Type of Care

 Staff Training & Ratio

 Living Spaces

 Anytime Dining

 Resort-Style Amenities

 Convenient Services

 Cost

## Independent Living

Onsite living with exciting activities and no daily health support.

For individuals who are eager to make the most of retirement with an active lifestyle and social connections.

None provided, though care is usually available for future needs.

Staff interactions only occur in common spaces and through community activities.

Flexible floor plans and sizes are available, with kitchen cooktops and appliances.



Can cost 30% to 50% less than Assisted Living. Prices vary depending on location and community offerings.

## Assisted Living

A team of professionals is on call 24 hours a day for resident needs.

For individuals who want to take advantage of amenities, but require some daily health support.

Assistance with daily tasks, medication management, and physical therapy.

Health aides assist with daily tasks and certified nurses manage medications and health checks.

Senior-friendly designs with safety features and an emergency response system.



Some communities are all-inclusive, while others have monthly fees to cover rent, meals, and activities, as well as care fees based on need.